VESHUV ITKHEM (Israel)

This is a circle dance which translates to "Again Together." The music is by Nurit Hirsh, and it was choreographed by Yonatan Gabai.

Pronunciation:

Record: Blue Star 79

only twice.

Formation: Circle, hands joined and down.

Cts	Pattern
1-2 3-4 5-6 7-8 9-10 11-12 13-16	Part 1. Face CCW. Step hop on R ft fwd. Two running steps fwd, L,R. Step hop on L fwd. Cross with R over L, cross with L over R. Step hop on R turning to face ctr. Two running steps L,R moving slightly bkwd. Repeat action of cts 9-12 with reversed ftwk (without the turn on the hop).
17-20	Repeat action of cts 1-4, moving fwd twd ctr.
21-22 23-24	High step hop on L fwd. Squat all the way down bringing R ft in front of L, moving twd ctr.
25-26 27-28 29-32	Get up and step hop on L bkwd (moving away from ctr). Two running steps bkwd R,L (moving away from ctr). Two step hops bkwd R,L. Repeat all of Part 1 once more.
1-2	Part 2. Facing ctr. With legs apart jump on both ft, hop on R bringing L leg bkwd with bent knee.
3-4	Repeat action of cts 1-2 with reversed ftwk.
5-6 7-8	Repeat action of cts 1-2. With legs apart bounce twice in place.
9-10	With two steps R,L make a whole turn CW, pivoting on R ft, bending L ft bkwd.
11-12 13-16	Bounce on both ft in place. Repeat action of cts 9-12, reverse the turn, pivoting on L ft CCW. Repeat action of cts 1-16 three more times, four in all.

Note: In some recordings, the second part is repeated

Presented by Ya'akov Eden